



Savour sips and taste the Rockies on Friday, February 7, 2014 or Friday, March 7, 2014.

January 16, 2014 (Calgary, AB) - Due to popular demand and salivating taste buds, two Chef's Tables have been scheduled this winter in Cilantro in the Mountains at Buffalo Mountain Lodge, Banff, AB. Savour sips and taste the Rockies on Friday, February 7, 2014 or Friday, March 7, 2014. A feast for your eyes and stomach – this evening will feature a Canadian Rocky Mountain Resorts (CRMR) chef demonstrating how to prepare sumptuous dishes inspired by the unique ingredients from CRMR's own properties as well as wine pairings chosen by a local sommelier.

"These Chef's Tables have become incredibly popular among guests headed out to the mountains for the weekend as well as locals in the area," says Alistair Barnes, CRMR Executive Chef. "It's a great opportunity to get interactive with a local chef and sommelier to learn about Rocky Mountain Cuisine and boutique wines."

The first Chef's Tables of 2014 will feature four courses from internationally renowned chef Alistair Barnes as well as Kelly Strutt, Head Chef at Buffalo Mountain Lodge. Strutt recently moved to Buffalo Mountain Lodge after spending 22 years at a sister property, Deer Lodge in Lake Louise. Wine will be paired by Wes Hunter, Sommelier and Food and Beverage Manager at Buffalo Mountain Lodge. The evening includes generous wine pairings as well as a special CRMR take-home gift.

Date: Friday, February 7, 2014 and/or Friday, March 7, 2014

Time: 7:00-9:30 p.m.

Where: Cilantro at Buffalo Mountain Lodge, Banff, AB

Includes: Four course gourmet dinner, wine pairings and CRMR take-home gift

Cost: \$130, per person including gratuity and tax

Only 16 tickets are available. To book your plate for the Chef's Table call 1.800.661.1367 or email bmlfandbmgr@crmr.com.

Special room rates will be available for those attending the Chef's Table. Lodge and Buffalo rooms are available for \$135.00 plus tax and Premier rooms are available for \$185.00 plus tax. For more information visit www.crmr.com/specials or email info@crmr.com.

Media Inquiries:

Lauren Webb – Media & Marketing Manager

Lauren.webb@crmr.com

(t) 403.775.7783

(c) 587.893.8945

Canadian Rocky Mountain Resorts is a family of companies consisting of Emerald Lake Lodge in Field, British Columbia, Deer Lodge in Lake Louise, Alberta, Buffalo Mountain Lodge in Banff, Alberta, and Painted Boat Resort on the Sunshine Coast of B.C. CRMR also owns four Calgary restaurants: Cilantro, The Lake House, Bar C, and Divino Wine & Cheese Bistro, as well as CRMR at Home Retail Market, a game ranch, The Canadian Rocky Mountain Ranch, a Calgary wine boutique, Bin 905, and Panino Bakery.