



A Biography of CRMR's Executive Chef: Alistair Barnes

Executive Chef Alistair Barnes joined Canadian Rocky Mountain Resorts in 1985, and has since been a leader in developing CRMR's signature Rocky Mountain Cuisine.

A native of Jersey, part of the Channel Islands, midway between England's mainland and France's west coast, he combined his continental influences with the trends of Canadian Cuisine to develop his own innovative style. Chef Barnes has participated in several high-profile culinary events, including heading a team for a 'Chefs of America' dinner in Baltimore, and presenting Rocky Mountain Cuisine at various Canadian Tourism Commission Events in Washington, D.C., Texas and New York. Most notably, he has been a featured chef at the James Beard House in New York, where he presented his highly acclaimed interpretation of Western Canadian cuisine. Chef Barnes traveled to New York, London and Australia in 2008 to promote CRMR's cookbook, **Simple Treasures**, which was met with international acclaim.

Alistair Barnes is responsible for developing the menus at the restaurants at Canadian Rocky Mountain Resorts' four lodges: Buffalo Mountain Lodge in Banff, Alberta, Deer Lodge in Lake Louise, Alberta, Emerald Lake Lodge in Yoho National Park, British Columbia and Painted Boat Resort on the Sunshine Coast of British Columbia. Chef Barnes has also been a key figure in the development of CRMR's three Calgary Restaurants: Divino Wine & Cheese Bistro, The Ranche, and Cilantro. Although every restaurant is unique in style and design, there is a unifying theme at each to serve the highest quality ingredients- much of the game is raised humanely on CRMR's family-owned ranch, Canadian Rocky Mountain Ranch-and to complement each meal with indigenous grains, vegetables and fruit.

In 2008, Alistair Barnes released his highly anticipated cookbook, **Simple Treasures**. The cookbook has a unique focus, offering international readers a taste of an unfamiliar and innovative gastronomy that is truly Western Canadian. **Simple Treasures** was created based on the philosophy that whether you are a professional or home cook, the food served should be fresh and local. It also emphasizes the importance of being able to source the food we eat from the farm where it was raised, humanely and safely. **Simple Treasures** is a cookbook not only about recipes and food, but a story about the Rocky Mountains.

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Canadian Rocky Mountain Resorts (@CRMResorts) is a family of companies consisting of Emerald Lake Lodge in Field, British Columbia (@EmeraldLake_BC), Deer Lodge in Lake Louise, Alberta (@DeerLodge_LL), Buffalo Mountain Lodge in Banff, Alberta (@Buffalo_Banff), and Painted Boat Resort on the Sunshine Coast of B.C (@Paintedboat). CRMR also owns three Calgary restaurants: Cilantro (@Cilantro17thAve), The Ranche (@TheRanche), and Divino Wine & Cheese Bistro (@Divino_Bistro), as well as CRMR at Home speciality market and catering, (@CRMAtHome), a game ranch The Canadian Rocky Mountain Ranch, a Calgary wine boutique, Bin 905, and Panino Bakery(@PaninoBakery). Visit www.crmr.com for more details about CRMR.

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