

February 26th, 2010



Emerald Lake Lodge Now Offering a Special Mid-Week Mountain Escape

The Perfect Way to Experience the Food and Lodging at one of Canada's Most Breathtaking Resorts

(Field, British Columbia) Emerald Lake Lodge has long been renowned for its breathtaking scenery, authentic Rocky Mountain Cuisine, and true mountain lodging. The Gourmet Getaway package has been one of the most popular options for guests eager to sample all that the lodge offers. Now, until April 30, 2010, from Sunday-Thursday, the lodge is offering a more economical version of that guest favourite.

The Mid-Week Mountain Escape includes one night accommodation for two, breakfast for two, and dinner for two from a pre-selected three course menu, which is created by Head Chef Valerie Morrison.

“Your dinner will start off with a choice of either our freshly made daily soup selection or Seasonal Organic greens topped with fresh vegetables, and Canadian Cheese with our house Red Onion Vinaigrette,” explains Chef Morrison. “Entrees include a red meat or a chicken or fish selection with seasonal vegetables and accompaniments. Some selections may include Angus Flat Iron Steaks, roasted potatoes, peppercorn reduction; or Seared Halibut Medallions, orzo pasta and baby shrimp, mushroom and chive butter sauce. Choices will vary. To finish off we offer the chef's dessert choice, which could be one of our bakery's fabulous cheesecakes, pies or puddings -this is a set item that changes daily.”

The Mid-Week Mountain Escape package offers lodge rooms starting from \$296.00 plus tax based on double occupancy and availability. This is an economical way to experience the lodge voted #2 resort in Canada by Conde Nast Traveler in 2009. To learn more or make reservations, please call 1-800-663-6336 or visit www.crmr.com.

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*Canadian Rocky Mountain Resorts is a family of companies consisting of **Emerald Lake Lodge** in Field, British Columbia, **Deer Lodge** in Lake Louise, Alberta, and **Buffalo Mountain Lodge** in Banff, Alberta, as well as **Painted Boat Resort Spa & Marina**, on the Sunshine Coast of British Columbia, and **THE RESTAURANT** at Painted Boat. CRMR also owns four Calgary restaurants: **Cilantro**, **Velvet**, **The Ranche**, and **Divino Wine & Cheese Bistro**, as well as a game ranch, **The Canadian Rocky Mountain Ranch**, a Calgary wine boutique, **Bin 905**, as well as a bakery in Canmore, **Panino** and a specialty retail store, **CRMR AT HOME**.*

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